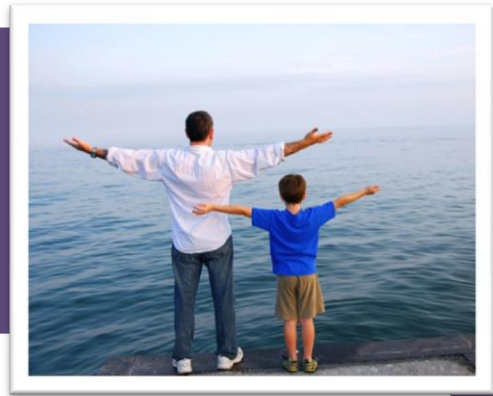


Parenting Fact Sheet #2



For more information, speak with Andrew and Michelle Kew, co-ordinators of parenting courses on 9630 7083.

How Many Times Do I Need to Remind You?

Do you ever hear yourself say to your child “It’s time to get ready for bed now.” “Please get ready for bed.” “Did you hear me?” “Get ready for bed.” “Now.” “I’m not going to say it again.” “I’m going to count.” “One, two, two and a half...”.

HAVE YOU EVER HEARD THIS PERSON AROUND YOUR HOUSE?

What behaviours are you nagging your child about?

THIS PERSON IS TAKING ON RESPONSIBILITIES THAT NEED TO BE LEARNT BY THEIR CHILD.



Every child needs to know:

1. That there are logical consequences for their own actions and choices.
2. That life choices always have consequences.
3. That they will lose privileges for disobedience.

Some ways to achieve this:

- Get your child’s attention before speaking to them and speak clearly in an age appropriate way.
- Clearly explain the consequences for not obeying you to your child and FOLLOW THROUGH.
- Let your child learn the consequences by not rescuing him/her, e.g. don’t take a forgotten lunch, school assignment or hat etc., to school.
- Remove a specific privilege for a set time.



Always remember to reinforce positive behaviour and obedience.